Employment Opportunities

**Hospitals and clinics** as Clinical Dietitians, Food Service Managers, and Chief Dietitian.

**Food and nutrition related service and industry** as Food Service Nutritionist Dietitian, Recipe Developer, Cooking Demonstrator, Product Developer, Marketing Specialist, and Consultant.

**Community and public health** as Nutrition Action Officer, Public Health Nutritionist Dietitian, Consultant, and Technical Adviser.

**Academe** as Teacher, Dean, Chairperson, and Administrator.

**Research** as Food and Nutrition Researcher, food scientist.

**Sports and Corporate Wellness** as Sports Nutritionist Dietitian, Nutrition Coach, and Nutritionist Dietitian Consultant.

**Private practice** as Nutritionist, Home care Nutritionist Dietitian, and Nutrition Consultant.

*For inquiries on CDR/PRC Reciprocity on RD Credential Examination in the US, visit [www.prc.gov.ph](http://www.prc.gov.ph) and click on Regulatory Board of Nutrition & Dietetics.*
Nutritionist-Dietitian

The RNDs are food and nutrition experts who have met the following criteria and have earned the RND credentials.

- Has completed any of the following Bachelor of Science degrees: Nutrition & Dietetics; Wholistic Nutrition & Culinary Arts; Human Ecology Major in Nutrition and Dietetics in a CHED accredited University or College.
- Completed the required number of hours of practicum component in accredited hospitals, food service and the community.
- Passed the Nutrition and Dietetics Licensure Examination administered by the Professional Regulation Commission. The license is the assurance to the public that the individual is competent to practice the profession.

Course Description

The Nutrition & Dietetics course is a four-year program consisting of general education subjects and professional courses in food, clinical dietetics, nutrition sciences, biochemistry, anatomy & physiology, microbiology, public health/community nutrition, food service system, research, social sciences, management and communication.

Skills and Competencies

- A nutritionist-dietitian is involved in identifying and treating health ailments. Knowledge of prevention at every stage of growth and development as well as background in metabolism and biochemistry of nutrients and food components is critical.
- He/She should be able to plan nutrition programs and supervise the preparation and serving of meals, and,
- He/She must have an interest in nutrition and the welfare of people. He/she must be non-judgmental and understanding about alternative lifestyles and must have tact and patience when persuading people to change eating habits.

works as Team Player in:

- Food Service
- Medical Care
- Nutritionist-Dietitian
- Public Health
- Sports & Wellness

Physical Attributes and Characteristics

- Pleasing personality
- Adaptable
- Responsible
- Good communication skills
- Analytical ability

Cost of Education

The cost of the 4-year course of Nutrition & Dietetics or equivalent normally ranges from P5,000.00 to P60,000.00 per semester depending on the type of educational institution.

Career Outlook

The job outlook for Registered Nutritionist-Dietitians over the next decade is expected to be rosy. An aging population will be partially responsible for this level of growth and the booming medical tourism in the country. Also, an increase in interest about the role that food plays in our general health, treatment of diseases, and emphasis on disease prevention will also increase the demand for RNDs.

Salary / Compensation

Salaries for a Registered Nutritionist-Dietitian at the entry level ranges from P12,000.00 to P16,000.00 per month. Aside from the basic pay, he/she may also get allowances plus other incentives. Salaries vary across the employment setting depending on the scope of practice and responsibility and demand for the profession. Salaries increase with years of experience.